

MONTREAL KANREIKAI KARATE PRÉSENTE
LA 18^e ÉDITION DU CHAMPIONNAT DE KARATÉ

YU^{勇敢}KAN

PLUS DE
300
PARTICIPANTS
À CHAQUE ANNÉE

SAMEDI 27 AVRIL 2019
de 9h00 à 18h00



- KATA
- KATA D'ARMES
- COMBAT SEMI-KNOCKDOWN
(avec protection)
- KNOCKDOWN

Trophées pour les gagnants
Médailles pour tous les participants
de 13 ans et moins

Cégep John-Abbott
Centre sportif Casgrain

21275, Lakeshore, Ste-Anne-de-Bellevue,
QC, Canada
Info : Shihan Denis Cordeiro – 514-998-1546
karatemontreal.ca



YUKAN 2019

Championship organized by Montreal Kanreikai Karate

Au profit de



Saturday, April 27, 2019

John Abbott College, Ste-Anne-de-Bellevue, QC, Canada

GENERAL INFORMATION

• **EVENTS:**

- **Kata** (4 yrs old and up, 10th kyu to Black Belt)
- **Weapon Kata** (4 yrs old & up, 6th kyu to Black Belt)
- **Contact Karate Fighting with Protection Gear** (4 yrs old & up, 10th kyu to Black Belt)
- **Contact Karate Fighting no Protection Gear** (18 – 26 yrs old, 4th kyu to Black Belt)
- **Contact Karate Fighting no Protection Gear** (pre-established one-matches)
- **NB:** Fighting with and without protection gear are mutually exclusive events
- **Competition Fees-\$CAD:** **40\$** for 1 event – **50\$** for 2 events – **60\$** for 3 events

- **SCHOOL REGISTRATION - ONLINE ONLY:** from Monday, **March 25** to **Wednesday, April 24**. A school must be registered before its students can register as competitors.

- **COMPETITOR REGISTRATION - ONLINE ONLY:** from Monday, **March 25** to **Wednesday, April 24**. All registrations submitted after April 24 will be rejected.

- **Sign-in of Registered Competitors:** **Saturday, April 27, from 8am to 9am** at Casgrain Sport Center.

- **Payment of Competition Fees:** **Saturday, April 27, at Casgrain Sport Center.**

- **Per school only:** between 8 and 10am at the Sensei Table – in \$CAD cash only – No individual payment will be accepted at the competitors' registration tables.

- Participants must have an **ID card** – with birth date - readily available to confirm their age at registration, if needed.

- **Directives for Contact Karate Fighters with/without Protection Gear:**

- **Weigh-in is mandatory.** All fighters must complete their registration by reporting to the 'Weigh-in table' between 8:00 and 11:00am, on the day of the Championship.
- **In fairness to our competitors and for their safety**, each participant enrolling for the Contact Karate Fighting competition must make sure that his/her weight registered online is **as exact as possible**. A **too large discrepancy** between a participant's actual weight on the morning of the Championship and the weight registered online could lead to his/her **disqualification**.
- Contact Karate Fighters must provide their **mandatory protective gear** in conformity with the rules in effect (pages 9 to 12) at the Championship.

- **Entry Fees for spectators** - **All revenues** will be donated to leucan .

- 13 yrs old & up: **10\$CAD** • 6-12 yrs old: **5\$CAD** • 5 yrs old & under: **Free**

- **Snack Bar to the benefit of** Le Petit Peuple de Blainville

Drinks and snacks will be on sale from 9:00am to 5:00pm at the entrance of the gymnasium.


We thank you in advance for your cooperation. For detailed information, please contact **Shihan Denis Cordeiro** at **514-998-1546**.

YUKAN KARATE CHAMPIONSHIP 2019

Saturday, April 27, 2019 – John Abbott College

IMPORTANT MESSAGE TO ALL SHIHAN AND SENSEI

Osu! Shihan, Sensei,

- **It will be our pleasure** to welcome you free of charge at the YUKAN 2018. Note however, that all coaches accompanying your students will be invited to pay the spectator entry fee (10\$CAD) to access the premises (gymnasium). Their contribution to leucan  will be greatly appreciated.
- **Your coaches** – according to a ratio of 1 coach for 10 enrolled participants - will receive an ID badge allowing them to enter the competition area.
- **Competition Fees:** As the person responsible for your school, **you will be asked to pay the competition fees for all your registered students on the day of the tournament.** Upon arrival at the Casgrain Sport Center, please go to the “**Sensei Table**” to pay these fees in \$CAD cash only.
- **Rules in force:** Please make sure that you, your coaches and participating students are acquainted with the rules in effect at the Yukan 2019 Championship (see pages 8 to 12) and that you are willing to comply with these rules.
- **Meeting:** Shihan Denis Cordeiro will meet with all Sensei in the gymnasium at 9:15am, before the morning competition and at 1:15pm before the Fighting competition.
- **Trophies and podium:** Trophies will be awarded immediately after the completion of the event for each (sub-) division. The winners will then be invited to go to the podium to have their picture taken right after the trophy ceremony.

For any additional information, communicate with **Shihan Denis at 514-998-1546**.

Thank you very much for your cooperation!

YUKAN KARATE CHAMPIONSHIP 2019

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DIVISIONS AND SUB-DIVISIONS

Enrolled participants are grouped into pre-established divisions according to the type of event (kata, weapon kata, fighting), their age, belt level, gender and weight (for fighting) – see divisions tables below.

A minimum of two participants per division is required; if only one candidate is enrolled, he/she will be reclassified or reimbursed. If too many participants are enrolled into the same division, the division will be divided into two or more sub-divisions.

During registration, an identification number will be written on the participant's left hand. The division (or sub-division) number for each event in which the participant has registered will be written on his/her competition bracelet.

During the competition, divisions (and sub-divisions) will be called in increasing numerical order (1, 2, 3, 4-1, 4-2, 5, etc.). Each division (sub-division) being called will be paired with a letter (A, B, C, D, etc.) identifying the court where the event will take place. The number of the division (or sub-division) will also be displayed in front of the corresponding court.

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Adult Black Belt Traditional Kata Division - AM

NO.	AGE	BELT
1	18 & over	Black

Weapon Traditional Kata Divisions - AM

NO.	AGE	BELT (Kanreikai)	KYU
2	13 & under	Yellow to Black	6 th to Black
3	14 to 17	Yellow to Black	6 th to Black
4	18 & over	Yellow to Black	6 th to Black

Traditional Kata Divisions – AM

NO.	AGE	BELT (Kanreikai)	KYU
5	5 & under	All	All
6	6 & 7	White to Orange	10 th to 5 th
7	6 & 7	Green to Black	4 th to Black
8	8 & 9	White to Orange	10 th to 5 th
9	8 & 9	Green to Black	4 th to Black
10	10 & 11	White to Orange	10 th to 5 th
11	10 & 11	Green to Black	4 th to Black
12	12 & 13	White to Orange	10 th to 5 th
13	12 & 13	Green to Black	4 th to Black
14	14 & 15	White to Orange	10 th to 5 th
15	14 & 15	Green to Black	4 th to Black
16	16 & 17	White to Orange	10 th to 5 th
17	16 & 17	Green to Black	4 th to Black
18	18 & over	White to Orange	10 th to 5 th
19	18 & over	Green to Black Tip	4 th to 1 st

All participants 13 years old & under will receive a medal to emphasize their participation, effort and sportsmanship.

YUKAN KARATE CHAMPIONSHIP 2019

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Divisions - Contact Karate Fighting with Protection Gear - PM

NO.	AGE	BELT / KYU (Kanreikai)	FULLCHEST PROTECTOR	WEIGHT (lbs)	FIGHT DURATION (minutes)	GENDER
20	5 & under	All / All	Strongly recommended	---	1.5	Girls-Boys
21	6 & 7	White-Orange / 10-5	Strongly recommended	---	1.5	Girls
22	6 & 7	White-Orange / 10-5	Strongly recommended	---	1.5	Boys
23	6 & 7	Green-Black / 4-Black	Strongly recommended	---	1.5	Girls
24	6 & 7	Green-Black / 4-Black	Strongly recommended	---	1.5	Boys
25	8 & 9	White-Orange / 10-5	Strongly recommended	---	1.5	Girls
26	8 & 9	White-Orange / 10-5	Strongly recommended	---	1.5	Boys
27	8 & 9	Green-Black / 4-Black	Strongly recommended	---	1.5	Girls
28	8 & 9	Green-Black / 4-Black	Strongly recommended	---	1.5	Boys
29	10 & 11	White-Orange / 10-5	Strongly recommended	---	1.5	Girls
30	10 & 11	White-Orange / 10-5	Strongly recommended	---	1.5	Boys
31	10 & 11	Green-Black / 4-Black	Strongly recommended	---	1.5	Girls
32	10 & 11	Green-Black / 4-Black	Strongly recommended	---	1.5	Boys
33	12 & 13	White-Orange / 10-5	Strongly recommended	---	1.5	Girls
34	12 & 13	White-Orange / 10-5	Strongly recommended	---	1.5	Boys
35	12 & 13	Green-Black / 4-Black	Strongly recommended	---	1.5	Girls
36	12 & 13	Green-Black / 4-Black	Strongly recommended	---	1.5	Boys
37	14 & 15	White-Orange / 10-5	No	---	2	Girls
38	14 & 15	White-Orange / 10-5	No	---	2	Boys
39	14 & 15	Green-Black / 4-Black	No	---	2	Girls
40	14 & 15	Green-Black / 4-Black	No	---	2	Boys
41	16 & 17	White-Orange / 10-5	No	---	2	Girls
42	16 & 17	White-Orange / 10-5	No	---	2	Boys
43	16 & 17	Green-Black / 4-Black	No	---	2	Girls
44	16 & 17	Green-Black Tip / 4-1	No	---	2	Boys
45	16 & 17	Black Belt	No	---	2	Boys
46	18 & over	White-Orange / 10-5	No	---	2	Women
47	18 & over	Green-Black / 4-Black	No	---	2	Women
48	18 to 34	White-Orange / 10-5	No	160 & under	2	Men
49	18 to 34	White-Orange / 10-5	No	161 - 180	2	Men
50	18 to 34	White-Orange / 10-5	No	181 & over	2	Men
51	18 to 34	Green-Black / 4-Black	No	160 & under	2	Men
52	18 to 34	Green-Black / 4-Black	No	161 - 180	2	Men
53	18 to 34	Green-Black / 4-Black	No	181 & over	2	Men
54	35 & over	White-Orange / 10-5	No	---	2	Men
55	35 & over	Green-Black / 4-Black	No	---	2	Men

All participants **13 years old & under** will receive a medal to emphasize their participation, effort and sportsmanship.

YUKAN KARATE CHAMPIONSHIP 2019

Saturday, April 27, 2019 – John-Abbott College

*** KNOCKDOWN ***

Contact Karate Fighting without Protection Gear - PM

**1 – Divisions for Women & Men aged 18 to 26 years old
Green belt (4th kyu) to Black Belt**

NO.	WEIGHT (lbs)	FIGHT DURATION (minutes)	GENDER
56	130 & under	2	Women
57	131 to 150	2	Women
58	151 & up	2	Women
59	160 & under	2	Men
60	161 to 180	2	Men
61	181 & up	2	Men

**2 – One-matches pre-established by Coaches
for experienced Men and Women Fighters**

YUKAN KARATE CHAMPIONSHIP 2019

Saturday, April 27, 2019 – John Abbott College

EVALUATION SYSTEM – KATA AND WEAPON KATA

1. The **Kata** and **Weapon Kata** Evaluation System in force at the **YUKAN Karate Championship 2019** is frequently used in Canada.
2. The **YUKAN Karate Championship 2019** is open to all traditional karate styles.
3. Kata and weapon kata divisions are defined according to the age and belt rank (kyu) of the participants.
4. There is a team of **3 to 5 judges**, including the **head judge** who takes charge of the competition for each division.
5. Each participant introduces him/herself to the judges and announces the kata he/she will perform. Note that it is not required to identify the selected kata before that moment.
6. All participants must perform a **traditional kata (weapon kata)**. A traditional kata is a sequence of traditional karate techniques that is learned and performed by all members of an organization; it is a required element at belt promotion tests and not a custom made kata for one or few members of the organization.
7. Each participant is given a mark - between 5 and 10 - by each judge; the **total of the allocated marks** is used to rank the participant within the division.
8. Should a participant choose to perform a "nontraditional" kata (weapon kata), he/she would be disqualified, receiving the **minimum mark of 5** from each judge.
9. Since **traditional kata forms** vary from style to style, each participant is judged according to the following criteria:
 - **Basic Stances**
 - **Kicking Technique**
 - **Punching, Blocking and Shuto Techniques**
 - **Balance and Fluidity**
 - **Spirit and Intensity**
 - **Speed and Control**
 - **Degree of difficulty of the kata**
10. Judges also look for **consistency** in the performance of techniques. For instance, if a participant performs a given kick several times in his/her kata and the kick appears different each time, he/she will be penalized.
11. In order for the judges to establish an evaluation basis, the 3 first participants of a division perform their kata (weapon kata) in turn, without being given marks. Each one then comes back before the judges to receive his/her marks. The remaining participants perform their kata and get their marks right after their performance.
12. The performance of each participant is evaluated with respect to that of the others within the division.
13. In the eventuality of a draw for the 1st, 2nd or 3rd place within a division, the head judge asks the tied competitors to perform a kata again to establish the winner for the position.
14. **Participants ranked 4th kyu to Black Belt** must prepare to perform **two distinct traditional kata (weapon kata)**: a first participation kata and a second one in case of a draw for one of the 3 first places. If a participant chooses to perform the same kata twice, he/she will be given a **½ point penalty** by each judge.

YUKAN KARATE CHAMPIONSHIP 2019

RULES – CONTACT KARATE FIGHTING WITH PROTECTION GEAR – SEMI-KNOCKDOWN

1. CONTACT KARATE FIGHTING WITH PROTECTION GEAR

A fight involving two opponents who may hit each other "with force" as long as they use legal karate techniques, as described in this document.

2. ELIGIBILITY

Male and female fighters aged 4 and up, from 10th kyu (white belt) to black belt, assigned to divisions based on age, gender, kyu and weight

3. PROTECTION GEAR

- **Mandatory protection gear** : shin pads with instep, fighting gloves, head gear.
- Mouthpiece: highly recommended for all fighters.
- Mouth piece or head gear with grid: mandatory for fighters with orthodontic braces
- Groin cup: mandatory for male fighters.
- Chest protector: highly recommended to **fighters aged 13 & under**
- Chest protector: not allowed for **fighters aged 14 & up**
- Breast protector (worn inside uniform): mandatory for **female fighters aged 14 & up**
- No wrist or ankles wraps
- No spectacles
- No jewels

4. REFEREEING TEAM

- A refereeing team consists of one center referee who supervises the fight, 2 or 4 corner judges who evaluate the fighters, one timekeeper and one scorekeeper.
- The referee can consult with corner judges, the timekeeper and/or the scorekeeper before announcing his/her decision

5. COACHES

- Each fighter is allowed one (1) coach who may bring grievances to the organizer of the tournament, if needed.
- The coach of each fighter is the only person who may sit near the fighting area.
- The coach is not allowed to access the fighting area at any time.

6. FIGHT REGULATION TIME

- **1 ½ minute for fighters aged 13 & under**
- **2 minutes for fighters aged 14 & up**
- **1 minute for the first and unique extension round** – in case of equality

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RULES – CONTACT KARATE FIGHTING WITH PROTECTION GEAR – SEMI-KNOCKDOWN

7. LEGAL TECHNIQUES

- To the legs (above the knees): circular kicks and knee kicks
- To the body: open hand, punches, elbow strikes, knee kicks and kicks (straight and circular techniques)
- To the head – 14 & up: circular kicks

8. ILLEGAL TECHNIQUES

- Kicks to the knee joints and under the knees
- Open hand strikes, punches, elbow strikes and head-butt to the face, head or neck
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back
- Knee kicks and straight kicks to the face
- **13 & under**: circular kicks to the head
- Grabbing
- Repeated shoves of the opponent
- Refusal to fight

9. IPPON - WAZAARI

- **Ippon**: Immediate win following a legal technique having caused the interruption of the fight for 3 seconds or more - End of the fight
- **Wazaari**: Legal technique having incapacitated the opponent (guard down, lack of alertness, physical instability) for less than 3 seconds - Resumption of the fight
- **Second Wazaari** : Wazaari leading to an immediate win by Ippon – End of the fight
- A Ippon or Wazaari must be called by a majority of judges and referee (2/3 or 3/5).
- The fight is interrupted and the center referee makes the official announcement of the Ippon or Wazari.

10. CHUI AND GENTEN – OFFICIAL WARNINGS AND PENALTIES

- All official warnings and penalties are allocated by a majority of judges and referee (2/3 or 3/5)
- The fight is interrupted and the center referee announces the official warning or penalty
- **Chui**: Official warning following an infraction
- **Genten Ichi**: 1st penalty following two official warnings
- **Genten Ni - Shikakku**: 2nd penalty following two more official warnings – Disqualification of the fighter – Immediate win of the opponent

11. HOW TO WIN A FIGHT

- By **Ippon** – Immediate win
- With **two Wazaari** - Immediate win following the 2nd Wazaari
- With a **unanimous decision** based on wazaari and/or penalties accounting at end of regulation time
- With a **favourable decision by a majority** of judges and referee at the end of regulation time
- With the disqualification of the opponent (**Shikakku**) – Immediate win
- With the **forfeit** (withdrawal from the competition) of the opponent – Immediate victory

YUKAN KARATE CHAMPIONSHIP 2019

RULES – CONTACT KARATE FIGHTING NO PROTECTION GEAR – KNOCKDOWN

1. CONTACT KARATE FIGHT WITHOUT PROTECTION GEAR

A fight involving two opponents who may hit each other “with force” as long as they use legal karate techniques, as described in this document.

2. ELIGIBILITY

- Men and women karate fighters, 18 to 26 years old, 4th kyu to Black Belt, assigned to divisions according to gender and weight
- Men and women karate fighters, 18 years old and up, having agreed to pre-established one-matches fights.

3. PROTECTION GEAR

- Prohibited protection gear: head gear, gloves, shin pads, chest protector
- Mouthpiece: highly recommended for all fighters
- Groin cup: mandatory for male fighters
- Breast protector (“bustier” worn inside the uniform): mandatory for female fighters
- No wrists or ankles wraps
- No eyeglasses
- No jewelry

4. REFEREEING TEAM

- A refereeing team consists of one center referee who supervises the fight, four corner judges who evaluate the fighters, one timekeeper, one scorekeeper (fight sequence).
- The center referee can consult with corner judges, the timekeeper and/or the scorekeeper before announcing his/her decision.

5. COACHES

- Each fighter is allowed **one (1) coach** who may bring grievances to the refereeing supervisor.
- The coach of each fighter is the only person who may sit near the fighting area.
- The coach is not allowed to access the fighting area at any time.

6. FIGHT REGULATION TIME

- **2 minutes**
- **2 minutes for the first extension round – in case of equality**
- **1 minute for the second and last extension round** – a decision must be made

7. LEGAL TECHNIQUES

- To the legs (above the knees): circular kicks and knee kicks
- To the body: open hand strikes, punches, elbow strikes, knee kicks and kicks (straight and circular techniques)
- To the head: kicks and knee kicks (straight and circular techniques)

YUKAN KARATE CHAMPIONSHIP 2019

RULES – CONTACT KARATE FIGHTING NO PROTECTION GEAR - KNOCKDOWN

8. ILLEGAL TECHNIQUES

- Kicks to the knee joints and below the knees
- Open hand strikes, punches, elbow strikes and head-butt to the face, head or neck
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back.
- Grabbing
- Repeated thrusts to the opponent
- Refusal to fight

9. IPPON - WAZAARI

- **Ippon**: Immediate win following a legal technique having incapacitated or knocked out the opponent for 3 seconds or more - End of the fight
- **Wazaari** : Legal technique having incapacitated the opponent (guard down, lack of alertness, physical instability) for less than 3 seconds – Resumption of the fight
- **Second Wazaari** : Wazaari leading to an immediate win (Ippon) – End of the fight
- A Ippon or Wazaari must be called by a majority of judges and referee (at least 3/5).
- The fight is interrupted by the center referee who makes the official announcement of the Ippon or Wazaari.

10. CHUI AND GENTEN – OFFICIAL WARNINGS AND PENALTIES

- All official warnings and penalties are allocated by a majority of judges and referee (at least 3/5)
- The fight is interrupted and the center referee announces the official warning or penalty
- **Chui** : Official warning following an infraction
- **Genten Ichi** : 1st penalty following two official warnings
- **Genten Ni - Shikakku** : 2nd penalty following two more official warnings - Disqualification of the fighter - Immediate win of the opponent.

11. HOW TO WIN A FIGHT

- By **Ippon** – Immediate win
- With **two Wazaari** - Immediate win (Ippon) following the 2nd Wazaari
- With a **unanimous decision** based on Wazaari and/or penalties accounting at end of regulation time
- With a **favorable decision by a majority of judges & referee** at end of regulation time
- With the **disqualification** of the opponent (**Shikakku**) – Immediate win
- With the **forfeit** (withdrawal from the fight) of the opponent – Immediate win

YUKAN KARATE CHAMPIONSHIP 2019

Suggested Hotel Accommodation

[Courtyard Marriott – West Island / Baie-D'Urfé](#)

20000, route Transcanadienne,

Baie D'Urfé, QC

H9X 0B3

514-674-8000

1-877-688-8046

Take advantage of the « Karate MTL » Group rate

Arrival: April 26, 2019

Departure: April 28, 2019

Last day to book a room: April 12, 2019

Special Rate for Group Karate MTL: 139.00 CAD per night (plus taxes)

[Book now at the Karate MTL group rate](#)

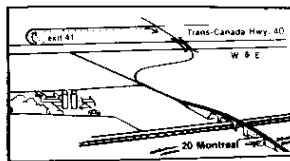
[Directions](#) from the Courtyard Marriott to John Abbott College.

YUKAN KARATE CHAMPIONSHIP 2019

CASGRAIN SPORT CENTER, JOHN ABBOTT COLLEGE
21275, Lakeshore, Ste-Anne-de-Bellevue, Québec

Directions

exit 41 Trans-Canada Hiway



CEGEP JOHN ABBOTT COLLEGE

